



# “Happy YOU Year”

Hello iYi Friends,

Let’s celebrate a Happy YOU year!!!! Because we know we deserve it RIGHT???

Searching for marvelous makeover ideas or reinvention resolutions for 2012? Here are just a few.

What is a makeover? **Makeover n.** an overall beauty treatment (involving a person's hair style and cosmetics and clothing) intended to change or improve a person's appearance

What is a resolution? **Resolution n.** to make a firm resolution to do something

- Set an appointment for a professional eyebrow shaping than pluck away strays once a week.
- Commit to having your haircut every 6- 8 weeks.
- Edit your closet 2 times in 2012 (January and June).
- Exfoliate your skin once a week.
- Apply sunscreen daily.
- Wear makeup everyday even it is just a little.

- Dress everyday like you are going to meet a V.I. Person.
- Have your best colors for your skin tone unveiled by an expert.
- Keep moving!!! Work out a minimum of 3 times a week.
- Make healthier food choices.

I would love to hear which ones you are going to try on for size or if you have a makeover or resolution of your own. [Click here](#) to share.

Cheers to your Happy *YOU* Year!!!